

BOULDER UNITED WRESTLING

2nd Annual Season Kick-Off Camp

Sunday, October 18th, 2009

12:00 - 3:00

**Fairview High School
Wrestling Room**

1515 Greenbriar Boulevard

- Prepare for the upcoming Metro League season**
- Fitness - Plyometrics - Conditioning**
- Basic wrestling skills**
- Advanced technique training**
- Fun & Games !!**

2009

2009 Kick Off Camp

- Camp cost is free with your \$85 season registration
or only \$25 if not able to commit to the entire season**
- Registration and sign-up begins at 11:30**

www.boulderunited.org